

## Duke Integrative Medicine | Integrative Yoga for Seniors Professional Training

### Duke Guest Presenters

**Jeffrey Browndyke, PhD**, is a faculty member in the Department of Psychiatry & Behavioral Sciences at Duke University Medical Center; Duke Center for Cognitive Neuroscience; the Brain Imaging & Analysis Center at Duke University; and the Duke Institute for Brain Sciences. In addition to his research appointments, Dr. Browndyke is a licensed clinical neuropsychologist caring for veterans and their families at the Durham VA Medical Center. Dr. Browndyke is the recipient of the Laird Cermak Award for Early Research Contributions in Memory & Memory Disorders, as well as National Science Foundation and National Institute of Health awards for his research examining the intersection of genetic risk for Alzheimer's disease and functional brain imaging changes across the lifespan. He is the author of numerous peer-reviewed journal publications, book chapters and international presentations, on geriatric neuropsychology, the impact of cerebrovascular disease on cognition, and the cognitive neuroscience and neurogenomics of age-associated disorders.

**Rebecca Byrd, DPT** graduated in 2000 from Duke University with a BS in biology and received her Doctorate of Physical Therapy degree from the University of St. Augustine in 2004. She has been a practicing physical therapist since that time. Rebecca worked at Duke University Hospital for 4 years and currently works at Duke's Center for Living with pulmonary rehabilitation, arthritis rehabilitation, and general Orthopedics.

**Linda Cates, MS, PT, NCS**, has been a physical therapist at Duke University Medical Center for 25 years. She has worked in multiple setting including in-patient acute care, in-patient rehabilitation, and home health PT. She has served on the faculty in the Duke Physical Therapy Program, and since 2000, has treated adult outpatients with neurological presentations including stroke, PD, MS, and ALS. She is board certified as a Neurological Clinical Specialist (since 1998) through the American Physical Therapy Association.

**Rebecca H Crouch, PT, DPT, MS, CCS, FAACVPR**, is Manager of Physical Therapy Services at the Duke Center for Living and Coordinator of Pulmonary Rehabilitation at Duke University Medical Center. She serves as a clinical associate faculty member for the Duke University Doctoral Program of Physical Therapy and for the University of North Carolina at Chapel Hill's Division of Allied Health/Physical Therapy. Crouch has been a member of the Duke University physical therapy staff since 1979 and the UNC faculty since 2005 and is board certified in Cardiopulmonary Physical Therapy. She is a member of the American Physical Therapy Association, the American College of Chest Physicians, the American Thoracic Society and the Pulmonary Rehabilitation Assembly. Certified as an exercise test technologist by the American College of Sports Medicine, she is also an American Association of Cardiovascular and Pulmonary Rehabilitation Fellow. As an expert on physical activity for people with respiratory ailments, Crouch lectures widely on the topic of pulmonary rehabilitation.

**Tony Galanos, MA, MD**, is a Geriatric Medicine Specialist and Palliative Medicine Specialist at the Duke University Health System, where he serves as medical director of inpatient Services for Duke Palliative Care. Dr. Galanos is an associate faculty scholar at the Duke Institute on Care at the End of Life, as well a Professor of Medicine and Associate Professor in the School of Nursing. He holds an MA in Clinical Psychology from the University of Dayton and received his MD from the University of South Alabama. Dr. Galanos did his residency in Internal Medicine at the University of Texas and completed a fellowship in geriatric medicine at Duke. He has been on the faculty of Department of Medicine, Division of Geriatric Medicine since 1992 and is a full professor. Dr. Galanos was the Medical Director at The Forest at Duke Continuing Care Retirement Community for 13 years, started the Geriatric Medicine consult service at Duke University Hospital and is a Senior Fellow in The Center for the Study of Aging and Human Development at Duke.

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**Mitchell Krucoff, MD, FACC, FCCP** is a Professor of Medicine/Cardiology at Duke University Medical Center and codirector of the Cardiovascular Devices Group at the Duke Clinical Research Institute. He is internationally recognized for his pioneering research in computer-assisted heart monitoring, new modalities of coronary revascularization, and cardiovascular applications of spiritual and complementary therapies. His clinical trials include patients and hospitals in five continents, and he lectures globally on these and related topics. Author of more than 250 publications in the cardiology literature and book chapters in medical texts, Dr. Krucoff is Senior Editor of the *Journal of Alternative & Complementary Medicine* and co-editor of the textbook *Integrative Cardiology: Complementary and Alternative Medicine for the Heart*. He has served on the Board of Directors of the Sri Sathya Sai Institute of Higher Medical Sciences in Puttaparthi, India, since its construction in 1990, and is a fellow of the American College of Cardiology, the American Heart Association, and the Society of Coronary Angiography and Interventions.

**Kathy M Shipp, PT, MHS, PhD** is an Assistant Professor in the Division of Physical Therapy, Department of Community and Family Medicine at Duke University Medical Center. Dr. Shipp specializes in management of chronic diseases of older people, particularly osteoporosis and Paget's disease. As an epidemiologist, she is a Senior Fellow at the Duke Center for Aging. Her research focuses on acute and chronic effects of osteoporotic vertebral fractures, exercise for people with osteoporosis, and preventing falls in the elderly. She serves on the Scientific Advisory Council and the Education Committee of the National Osteoporosis Foundation and was a contributing author of *Bone Health and Osteoporosis: A Report of the Surgeon General (2004)*. Currently, she is a Scholar in the NIH Building Interdisciplinary Collaborations in Women's Health (BIRCWH) program.

**Shelley Wroth, MD**, is a fellow in Palliative Medicine and Hospice at Duke. She did her medical training at Columbia University College of Physicians and Surgeons, came to Duke for her OB/GYN residency and never left. Shelley continued her training through an Integrative Medicine fellowship at the University of Arizona and has worked as both an OB/GYN and integrative women's health physician and instructor in the Integrative Health Coach Professional Training prior to her current fellowship. In palliative care, she finds the crafting of medical care and decision making to fit seriously ill patients' greatest goals to be the combination of a career's worth of searching and hope.

Please note: There may be occasional necessary substitutions in scheduled presenters.